

Welshpool & District U3A – Walking Group

Walk Schedule: Jan-June 2019

Standard meeting time for car sharing for all walks is 9.30am at Sarn-y-bryn-caled

Date	Est Walk Start Time	Cost per car*	Location – Walk Length – Rating – Car Parking – Description	Walk Leaders
28/01	10.00am	£5	Dolanog 7miles. Easy. Tracks & lanes, steady uphill climb at start. No stiles. Parking in public car park Dolanog. Good views. Dogs welcome.	Charles & Maggie
11/02	10.15am	£8	West Felton 6miles. Easy. Canals, lanes & field paths-some ploughed & muddy + stiles. Good views. Parking SJ 352276 before railway bridge. No dogs please.	Angela
25/02	10.15am	£8	Llangedwyn 5.5 miles. Moderate. Parking in recycle car park SJ185242 700ft up to Bwlchyddar. Views+, quiet lanes & tracks. No dogs please.	Ruth & Tony
11/03	10.15am	£7	Stiperstones 5.5miles. Moderate. Bog car park SO358978. South along Stiperstone range. Dogs welcome, on short leads at times. Tea & cakes at Bog Shop.	Lynda & Maryke
25/03	10.00am	£6	Llanfyllin 5 miles. Moderate. Parking in town car park. To east through Dingle, quiet lanes & higher ground around Jericho Hill back. Dogs welcome on leads at times.	Paul Corby
8/04	9.45am	£2	Pool Quay 6 miles. Easy. Parking in Church car park Pool Quay. Severn Way river bank, lane and canal. No dogs please.	Dilwyn
22/04			BH	
29/04	10.15am	£8	Llangynog 7miles. Mod/strenuous. Gradual 1100ft climb at start onto Drum Llethr, returning on forest tracks. Parking in public car park Llangynog. Dogs welcome.	Arthur & Charles
13/05	10.00am	£6	Pontrobert to Dolanog. 6.5 miles. Moderate. Parking at Village Hall SJ106125. Glyndwr's Way to Dolanog, woodland & quiet lane back. No dogs please.	Adrian & Alison
27/05			BH	
10/06	10.00am	£3	Montgomery 7 miles. Moderate. Parking at recycling car park. Frydd & Town Hill. No dogs please.	Gerry & Jeny
24/06	10.15am	£7	Penybontfawr 8 miles. Mod/strenuous. Up 1000ft at start and steeply down to Llangynog, lower field walk back. Parking in public car park Penybontfawr. SJ 089246. Dogs welcome on leads when appropriate.	Charles & Maggie

- Approx cost per car for return journey based on U3A guidelines @ 20p per mile

- When dogs are permitted, owners will need to keep them on short leads when Walk Leader requests.
- (Registered Assistance dogs always permitted).
- Walk Leaders intending to go direct to walk start must ensure that someone goes to Sarn-y-bryn-caled.
- **Any walkers intending to go direct to walk start should advise Walk Leader or a Co-ordinator.**
- The programme will be on the website. Any changes will be communicated by email or by telephone.

Joint co-ordinators Mark Davies & Ruth Beardsell